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Last day to drop a fall or fall/winter term course without academic penalty and [for a 25% refund](#)

Deadline to apply for the 2023–24 [Queen's General Bursary](#)

Weekly [PEGaSUS Group for Survivors of Sexual Violence](#), 4–5:30 pm  
(Last day to register)

[Fall Career Expo](#), 10:30 am–3:30 pm, ARC Main Gym

[Go with the Fro](#) community building for Black students, staff, and faculty, Yellow House, 12–1 pm

[Weaving Our Lives](#) for 2SLGBTQ+ students, Yellow House, 2–4 pm

| [Academic Excellence: Preparing for Midterms](#), 5–6 pm

[Dogs on Campus](#), 12–1 pm

[Getting Through Together](#) for first-year students, 2:30–4 pm

[Gather Together: Improving Study Habits Workshop](#) for Indigenous students, 3–4 pm

[Solidarity Swim](#) for 2SLGBTQ+ students, 2–4 pm

[safeTALK \(Suicide Alertness for Everyone\) Training](#), 1–4 pm

[Applied Suicide Intervention Skills Training \(ASIST\)](#), 8:30 am–4:30 pm

[Identity Sharing Circles for Indigenous students](#), 2–3:30 pm

[Grief Support Group](#), 6–7:30 pm

[Managing the Blues & Reds: Turning the Dial Down on Signs of Anxiety and Depression](#) group, 3:30 pm–5 pm

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- You can [print your own statement of financial transactions](#) for each term.
- Make sure your [contact information is up to date](#).
  
- [Learn about all financial aid options](#), including the [Queen's General Bursary](#).
- You can still apply for [2023–24 OSAP](#).
  - [Do not report](#) scholarships, bursaries, or awards you are receiving from Queen's on your application.
  - Receiving OSAP? Find out what [you must do before receiving your funding](#) and [how and when funding is distributed](#).
- Apply for other [provincial/territorial](#) student financial aid.
- Not receiving student loans, but you have in the past? Keep [previous](#)

The Queen's Shift Survey was sent to students this past January, and gathered information about your lived experiences, perceptions of campus safety, and incidents of exclusion, harassment, and racism.

- [Read the report](#), and help enhance the campus culture and climate. We all have a role to play.
- Explore the [Allyship and Belonging Student Calendar](#) for fall term events for equity-deserving students and/or allies!

- [Book an appointment](#) for medical care, mental health services, accessibility support and/or wellness coaching at [Student Wellness Services \(SWS\)](#).
- Daily [walk-in counselling clinics](#) offer brief psychotherapy with mental health professionals. Weekdays 1–4 pm.
- Access [mental health](#) and



- Stay hydrated, eat before you drink, and follow [@queensustudentwellness](#) for more safe drinking tips.
- Use this [health resource map](#) to find medical treatment options in Kingston. [How to decide where to go](#) if you need care.
- Party-Goer Kits will be distributed Oct. 19, from 1-4 pm, Rose Event Commons in Mitchell Hall.

- Participate in the [Gender-Based Violence, Awareness, and Bystander Intervention program, or attend peer-led trainings](#) this fall.
- Queen's [Sexual Violence Prevention and Response Services \(SVPRS\)](#) is the central point of contact for students who have experienced sexual violence. Get support and information about options, academic considerations, and next steps. Email coordinator [Barb Lotan](#).
  - Follow [@qusvprs](#), and [subscribe to our newsletter](#).

[Download the SeQure app](#) for one-stop access to all the university's safety and security information. Be sure to enable "push notifications" to get alerts in a campus emergency.

- Step up your [study game](#) with [Queen's Student Academic Success Services \(SASS\)](#)!



- In your

- [Check what food locations are open now!](#)
  - Hours will be modified during Fall Term Break.
- [Help reduce food and container waste.](#) Visit [Sustainable U @ Queen's](#) and follow [@queensfood](#) on Instagram for events and programs!
- Explore all [food access resources](#), on and off campus.
  - [PEACH Market](#) is open 11 am–2 pm Mon., Wed., Fri., at the Arch St. entrance of the School of Medicine Building.
  - Find the [AMS Food Bank fall term hours](#).
  - [Register to get a FREE Mason Jar](#) with ingredients to prepare a quick and healthy meal on Oct. 12. [Pick up](#) is on Oct. 19.





[Yellow House Student Centre for Equity and Inclusion](#)

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