

**Psychology 480**  
**Special Topics in Psychology:**  
**Intro to Applied Clinical Psychology**  
**Winter Semester**  
**VIRTUAL SYNCHRONOUS CLASS**  
**Wednesdays 2:30-5:30**

***Instructor Contact Information:***

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*TA: None*

***Brief Course Description:***

This course is designed to orient students to the field and profession of clinical psychology. This course offers a survey of major topics in clinical psychology, including a brief history of clinical psychology; common theoretical approaches in assessment and intervention; ethical, professional and theoretical issues; and emerging trends. Students also will be briefly introduced to subspecialties within clinical psychology, such as clinical Neuropsychology. Professional activities of clinical psychologists (e.g., consultation) will also be discussed.

***Overall Course Goals/Learning Objectives:***

At the end of the course, students will be able to:

1. Identify and explain the role of different assessment approaches (structured interview, behavioural observation, self-report questionnaire, psychological test, file review)
2. Demonstrate their understanding of the rationale and techniques of the major evidence-based forms of psychotherapy, including cognitive-behavioural and dialectical behaviour therapies.
3. Understand the role of the client and the therapist in negotiating the therapeutic relationship including rapport building, assessment, treatment planning, compliance and closure.
4. Discuss the role of the psychologist in a multidisciplinary team and as well as the roles of other health professionals.
5. Identify and consider how to resolve common ethical issues in clinical practice.

## ***Academic Integrity***

Academic integrity is constituted by the five core fundamental values of honesty, trust, fairness, respect and responsibility (see [www.academicintegrity.org](http://www.academicintegrity.org)). These values are central to the building, nurturing and sustaining of an academic community in which all members of the community will thrive. Adherence to the values expressed through academic integrity forms a foundation for the "freedom of inquiry and exchange of ideas" essential to the intellectual life of the University.

Students are responsible for familiarizing themselves with the regulations concerning academic integrity and for ensuring that their assignments conform to the principles of academic integrity. Information on academic integrity is available in the Arts and Science Calendar (see Academic Regulation 1), on the Arts and Science

## ***Grading Method***

All components of this course will receive numerical percentage marks. The final grade you receive for the

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## Course Outline

Class:	Topics
1. January 13 <sup>th</sup>	General Introduction to Course; Intro to first assignment: DEBATE: Real and Fictional Psychologists as portrayed in the Media
2. January 20 <sup>th</sup>	Group Presentations: DEBATE: Real and Fictional Psychologists as portrayed in the Media Intro to second assignment: Psychology in the News
3. January 27 <sup>th</sup>	Psychology in the News: Group 1 Presentations <b>Practitioner Presentation</b>
4. February 3 <sup>rd</sup>	Psychology in the News: group 2 presentations <b>Practitioner Presentation</b>
5. February 10 <sup>th</sup>	Psychology in the News: group 3 presentations <b>Practitioner Presentation</b>
6. February 17 <sup>th</sup>	READING WEEK
7. February 24 <sup>th</sup>	Psychology in the News: group 4 presentations <b>Practitioner Presentation</b>
8. March 3 <sup>rd</sup>	<b>Midterm Test</b>
9. March 10 <sup>th</sup>	<b>Lecture:</b> Introduction to Mental Status Examinations <b>Clinical Psychology Practitioners: Practice Psychologist on a Family Health Team</b>
10. March 17 <sup>th</sup>	<b>Lecture:</b> How to Conduct a Mental Status Exam
11. March 24 <sup>th</sup>	Individual Papers Due <b>Lecture:</b> Professional Issues in Clinical Psychology
12. March 31 <sup>st</sup>	<b>Lecture:</b> Professional Issues in Clinical Psychology and prep for exam
13. April 7 <sup>th</sup>	<b>Final Test</b>