Psychology 480 Special Topics in Psychology: Intro to Applied Clinical Psychology Winter Semester KINES & HLTH RM107 Wednesdays 1:00-4:00

Instructor Contact Information:

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TA: None

Brief Course Description:

This course is designed to orient students to the field and profession of clinical psychology. This course offers a survey of major topics in clinical psychology, including a brief history of clinical psychology; common theoretical approaches in assessment and intervention; ethical, professional and theoretical issues; and emerging trends. Students also will be briefly introduced to subspecialties within clinical psychology, such as clinical child psychology. Professional activities of clinical psychologists (e.g., consultation) will also be discussed.

Overall Course Goals/Learning Objectives:

At the end of the course, students will be able to:

- 1. Identify and explain the role of different assessment approaches (structured interview, behavioural observation, self-report questionnaire, psychological test, file review)
- 2. Demonstrate their understanding of the rationale and techniques of the major evidence-based forms of psychotherapy, including cognitive-behavioural and dialectical behaviour therapies.
- 3. Understand the role of the client and the therapist in negotiating the therapeutic relationship including rapport building, assessment, treatment planning, compliance and closure.
- 4. Discuss the role of the psychologist in a multidisciplinary team and as well as the roles of other health professionals.
- 5. Identify and consider how to resolve common ethical issues in clinical practice.

Academic Integrity

Academic integrity is constituted by the five core fundamental values of honesty, trust, fairness, respect and responsibility (see www.academicintegrity.org). These values are central to the building, nurturing and sustaining of an academic community in which all members of the community will thrive. Adherence to the values expressed through academic integrity forms a foundation for the "freedom of inquiry and exchange of ideas" essential to the intellectual life of the University (see the Senate Report on Principles and Priorities

Grading Method

All components of this course will receive numerical percentage marks. The final grade you receive for the Official Grade Conversion Scale:

| 4 X H H Q f¶iòl⁄al 2Grade | Numerical Course |
|---------------------------|------------------|
| Conversion Scale Grade | Average (Range) |
| A+ | 90-100 |
| Α | 85-89 |
| A- | 80-84 |
| B+ | 77-79 |
| В | 73-76 |
| B- | 70-72 |
| C+ | |

Course Outline

| Class: | | Topics |
|--------|---------------------------|--|
| 1. | January 9 th | General Introduction to Course; Intro to first assignment: Real and Fictional Psychologists as portrayed in the Media Practitioners: Neuropsychologist as Scientist -Practitioner in Seniors Mental Health |
| 2. | January 16 th | Group Presentations: Real and Fictional Psychologists as portrayed in the Media Intro to second assignment: Psychology in the News |
| 3. | January 23 rd | Psychology in the News: Group Presentations Practitioners: Prof essor of Nursing and Motivational Speaker |
| 4. | January 30 th | Psychology in the News: group presentations Clinical Psychology Practitioners: Clinical Service Coordinator: Brain Injury Program, BST practitioner |
| 5. | February 6th | Psychology in the News: group presentations Clinical Psychology Practitioners: Psychometrist in hospital & private practice |
| 6. | February 13 th | Psychology in the News: group presentations |