



HEALTH STUDIES – MINOR (ARTS) (4)

Subject: Administered by the School of Kinesiology and Health Studies.

Plan: Consists of 36.00 units as described below.

Program: The Plan, in combination with a Major plan in another subject, and with sufficient electives, will lead to an Honours Bachelors Degree.

Course	Title	Units
Required Courses:		
HLTH 101	Social Determinants of Health	3.00
HLTH 102	Personal Health and Wellness	3.00
Elective Courses (30 units):		
ANAT 100	Anatomy of the Human Body	
ANAT 101	Introductory Human Anatomy	
KNPE 125	Introduction to Human Physiology	
Additional Electives (6 units):		
HLTH 205	Introduction to Health Promotion	3.00
Other Electives (6 units):		
HLTH_Gen/Min_Options at the 300-level or above		
HLTH_Gen/Min_Options at the 200-level or above		
Supporting Course (6 units):		
PSYC 100	Principles of Psychology	6.00

Total units

4. Notes

A. A maximum of 6.00 units from courses offered by other Faculties and Schools may be counted toward the program and/or Plan requirements. This includes courses in BMED, COMM, GLPH, HSCI, LAW, NURS, and courses offered by Smith Engineering.

Health Studies Course Lists

The following lists contain courses offered through other Departments. In accordance with Academic Regulation n (Access to Classes), students do not have enrolment

